

Suicide Prevention Resources to support Joint Commission Accredited organizations implementation of NPSG 15.01.01

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Counseling on Access to Lethal Means (CALM)

Populations: Adults, Youth  
Settings: All

Author: Online version - Suicide Prevention Resource Center (SPRC)

Availability: Online - Free

<https://training.sprc.org/enrol/index.php?id=3>

Counseling on Access to Lethal Means (CALM) is a free, online course from the Suicide Prevention Resource Center about how to reduce access to the methods people use to kill themselves. It covers who needs lethal means counseling and how to work with people at risk of suicide—and their families—to reduce access. While this course is primarily designed for mental health professionals, others who work with people at risk for suicide, such as health care providers and social service professionals, may also benefit. This online course was developed in collaboration with Catherine Barber, director of the Means Matter Campaign at the Harvard Injury Control Research Center, and Elaine Frank, a co-developer of the original in-person CALM workshop.

Recommending Organizations:

1. Suicide Prevention Resource Center
2. SAMHSA
3. Zero Suicide Initiative  
[http://zerosuicide.sprc.org/toolkit/engage#quicktabs\\_engage=1](http://zerosuicide.sprc.org/toolkit/engage#quicktabs_engage=1)
4. Harvard Injury Control Research Center, Means Matter

Evidence:

Johnson, R.M., Frank, E.M., Ciocca, M., & Barber, C.W. (2011). Training mental health care providers to reduce at-risk patients' access to lethal means of suicide: Evaluation of CALM Project. Archives of Suicide Research, 15(3), 259-264. Retrieved from <https://www.ncbi.nlm.nih.gov/pubmed/21827315>

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Death by Suicide Within 1  
Week of Hospital Discharge:  
A Retrospective Study of  
Root Cause Analysis  
Reports.

Authors: Riblet N, Shiner B,  
Watts, BV, Mills P, Rusch B,  
Hempbill RR

Setting: Inpatient mental health  
unit

Availability: PUBMED

ubmed/28511191